

Quest Food Management

001515 - bread-cheddar herb biscuit : ebb	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1 Size of Portion: each	Meat/Alt: Grains: 0.75 oz Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903207 bread biscuit cheddar herb gfs142210...	1 each	Basic Preparation PLACE FROZEN DOUGH ON A PARCHMENT PAPER LINED SHEET PAN IN A 5X7 FORMATION. BAKE FOR 18-23 MINUTES IN A CONVECTION OVEN @ 350°F (CONVENTIONAL-425°F FOR 22-27 MIN.) BAKE UNTIL GOLDEN BROWN.

*Nutrients are based upon 1 Portion Size (each)

Calories	100 kcal	Cholesterol	0 mg	Sugars	*N/A* g	Calcium	0.00 mg	45.00%	Calories from Total Fat
Total Fat	5.00 g	Sodium	380 mg	Protein	2.00 g	Iron	0.72 mg	18.00%	Calories from Saturated Fat
Saturated Fat	2.00 g	Carbohydrates	12.00 g	Vitamin A	0.0 IU	Water ¹	0.00 g	18.00%	Calories from Trans Fat
Trans Fat ²	2.00 g	Dietary Fiber	0.00 g	Vitamin C	15.0 mg	Ash ¹	0.00 g	48.00%	Calories from Carbohydrates
								8.00%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

142210 - DOUGH BISC GARL & CHS 210-1.20Z



General

Nutrition

Product Image



Based on: As Purchased

Rounding: Off



Description: EP Cheese & Garlic Flavored Biscuit, 1.2

Ingredients: For ingredient or allergen information, please contact: General Mills Baker... [More](#)

Nutritional Information

Serving Size: 1 each (34 g)

Amount Per Serving:

Calories	104.5	Calories From Fat:	47.7
		% Daily Value	
Total Fat	5.3 g		8%
Saturated Fat	1.9 g		9%
Trans Fat	1.7 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	5 mg		2%
Sodium	399 mg		17%
Potassium	20 mg		1%
Total Carbs	11 g		4%
Dietary Fiber	.3 g		1%
Sugars	1 g		n/a
Protein	3.1 g		6%
Vitamin A -	2%	Vitamin C -	0%
Calcium -	3%	Iron -	4%

Percent Daily Values are based on a 2,000 calorie diet

Calories Per Gram:

Fat 9 Carbohydrates 4 Protein 4

School Equivalents

Child Nutrition Label	No
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Bread	n/a

Updated for New Final Rule

Meat/Meat Alternate	n/a
Grain/Bread	n/a
Fruit	n/a
Vegetable:	
Red/Orange	n/a
Dark Green	n/a

Fat Soluble Vitamins

Vitamin D	n/a
Vitamin D	n/a
Vitamin E	n/a
Vitamin K	n/a
Vitamin A	115.1 IU
Vitamin A	n/a

Minerals

Phosphorus	n/a
Zinc	n/a
Magnesium	n/a

Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	
n/a	

Copper	n/a
Selenium	n/a
Calcium	32.6 mg
Iron	.7 mg
Manganese	n/a
Iodine	n/a

Water Soluble Vitamins	
Thiamin B1	.1 mg
Riboflavin B2	.1 mg
Niacin B3	.7 mg
Pyridoxine B6	n/a
Cobalamin B12	n/a
Pantothenic Acid	n/a
Vitamin C	0 mg
Folic Acid	19.6 mcg

Ingredients	<p>For ingredient or allergen information, please contact: General Mills Bakeries, phone: 763-293-2240 . webpage: http://www.generalmillsfoodservice.com/. Manufacturer number: 06331.</p> <p>Nutrition updated December 2013. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Back</p>
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